

Referral for Counseling Services

Client's name: _____ Birthday: ____/____/____ SS#: _____

Phone#: _____ Alternate Phone#: _____ Parent name: _____

Address: _____ School: _____

Insurance: ___ NC Medicaid (County _____) ___ NC Healthchoice ___ Private Insurance (Type _____)
 ___ None Insurance Policy# _____ (If possible, please send a copy of the insurance card with this referral form)

Referral source (name of individual providing referral info): ___ School: _____ ___ Doctor: _____

___ DSS: _____ ___ Other: _____ Contact info: _____

Signature of referral source: _____ Date: _____

Concerns/Needs to be addressed in therapy: (Please check all that apply and explain below with as much info as possible):

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> Abuse/neglect | <input type="checkbox"/> Difficulty focusing | <input type="checkbox"/> Hyperactivity | <input type="checkbox"/> Suicidal concern |
| <input type="checkbox"/> Aggression | <input type="checkbox"/> Danger to self/others | <input type="checkbox"/> Hallucinations | <input type="checkbox"/> Self-esteem concerns |
| <input type="checkbox"/> Argumentative | <input type="checkbox"/> DSS/legal involvement | <input type="checkbox"/> Kinship/foster placement | <input type="checkbox"/> Social issues |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Divorce/separation issues | <input type="checkbox"/> Oppositional/defiant | <input type="checkbox"/> Suspension/expulsion |
| <input type="checkbox"/> Alcohol/drug use | <input type="checkbox"/> Depressed mood | <input type="checkbox"/> Panic Symptoms | <input type="checkbox"/> Self-harming behaviors |
| <input type="checkbox"/> Academic problems | <input type="checkbox"/> Destructive | <input type="checkbox"/> Parenting issues | <input type="checkbox"/> Sexualized behaviors |
| <input type="checkbox"/> Bullying concerns | <input type="checkbox"/> Fights w/ others | <input type="checkbox"/> Relationship concerns | <input type="checkbox"/> Sleep/eating concerns |
| <input type="checkbox"/> Cries easily | <input type="checkbox"/> Grief/loss | <input type="checkbox"/> Recent trauma | <input type="checkbox"/> Truancy ___ Toileting concerns |

Summary of problem(s)/Presenting concerns:

Services requested (select as many services as you feel may benefit client): ___ Unsure ___ Clinical Evaluation ___ Crisis Eval.
 ___ Individual therapy ___ Group therapy ___ Family therapy ___ Play therapy ___ CBT ___ TF CBT ___ PCIT (ages 3-6)
 ___ Equine-assisted therapy (ground-based w/ horses) ___ DBT ___ Parenting classes ___ Other: _____

Preferences:

Location: ___ In home ___ At school/daycare: _____ ___ New London office/barn
 ___ Norwood barn location ___ Cabarrus office ___ Cabarrus barn ___ Other (list here) _____

Time & Day: ___ Mornings ___ Afternoons ___ Evenings ___ Mon ___ Tue ___ Wed ___ Thur ___ Fri ___ Sat

Comments about preferences: _____

Other preferences: _____

**** Fax completed referral form, along with your contact information, to our office to complete the referral ****

For office use only

Date of contact Time of contact Results Clinical Assessment (CCA) Scheduled Date CCA Completed

Date referral source contacted _____ Time _____ Results _____
