

Creative Counseling & Learning Solutions, PLLC

Request/Authorization to Release Confidential Records and Information

I hereby authorize the release of information from my records to/from _____
(address): _____ (phone): _____
to/from _____ Address: _____ Phone: _____ for
the following purposes: Further mental health evaluation, treatment, or care Rehabilitation Program
 Treatment Planning Research Court proceedings Other: _____. These
records concern the time between _____ and _____.

Please select the information to be disclosed: Intake and discharge summaries Medical history &
evaluations Mental health evaluations Developmental history Educational records
 Progress notes, treatment or closing summary Other: _____.

HIV-related information and drug and alcohol information contained in these records will be released under
this consent unless directed here: Do NOT release HIV-related information Do NOT release drug and
alcohol information

I have had explained to me and fully understand this request/authorization to release records and
information, including the nature of the records, their contents, and the likely consequences and implications
of the release. This request is entirely voluntary on my part. I understand that I may take back this consent at
any time within 90 days, except to the extent that action based on this consent has already been taken. This
consent will expire automatically after one year from the date on which it is signed, or upon fulfillment of the
purposes stated above. I understand that if the person or organization that receives this information is not a
health care provider or health insurer the information may no longer be protected by federal privacy
regulations.

Client's Signature: _____ Printed name: _____

If Client is a Minor, Parent's/Guardian's Signature: _____

Printed name of Parent/Guardian: _____ Date: _____